

























VIRGINIA FISH CONSUMPTION ADVISORY FOR POTOMAC RIVER (GENERAL POPULATION)

FISH SPECIES	CONTAMINANT	ADVISORY DESCRIPTION	WATERBODY & AFFECTED BOUNDARIES	AFFECTED LOCALATIES
 American Eel	PCBs	No more than 2 meals/month	Potomac River Basin	Fairfax Co. & Arlington Co.
 Common Carp	PCBs	DO NOT EAT	Potomac River Basin (the tidal portion of the following tributaries and embayments from I395 bridge (above the Woodrow Wilson Bridge) to the Potomac River Bridge at Rt. 301: Four Mile Run, Hunting Creek, Little Hunting Creek, Pohick Creek, Accotink Creek, Occoquan River, Neabsco Creek, Powell Creek, Quantico Creek, Chopawamsic Creek, Aquia Creek, and Potomac Creek. These tributaries comprise ~126 miles)	Arlington Co., Alexandria City, Fairfax Co., Prince William Co., Stafford Co.
 American Eel	PCBs	DO NOT EAT		
 Channel Catfish ≥ 18in	PCBs	DO NOT EAT		
 Channel Catfish ≤ 18in	PCBs	No more than 2 meals/month		
 Bullhead Catfish	PCBs			
 Largemouth Bass	PCBs			
 Anadromous (coastal) Striped Bass	PCBs			
 Sunfish species	PCBs			
 Smallmouth Bass	PCBs			
 White Catfish	PCBs			
 White Perch	PCBs			
 Gizzard Shad	PCBs			
 Yellow Perch	PCBs			

Source: Virginia Department of Health. For complete information about Fish Consumption Advisories, please refer to Virginia Department of Health website





WASHINGTON DC FISH CONSUMPTION ADVISORY FOR DC WATERS

FISH SPECIES	CONTAMINANTS	RECOMMENDED MEALS/MONTH		
		CHILDREN <6 YRS 3 oz portion	WOMEN <50 YRS 6 oz portion	GENERAL POPULATION 8 oz portion
 American Eel, Carp, Striped bass (Rockfish)	PCBs	DO NOT EAT	DO NOT EAT	DO NOT EAT
 Sunfish	PCBs	Up to 2 meals/month	Up to 4 meals/month	Up to 4 meals/month
 Blue catfish	PCBs	Up to 2 meals/month	Up to 3 meals/month	Up to 3 meals/month
 Northern Snakehead	PCBs	Up to 1 meal/month	Up to 3 meals/month	Up to 3 meals/month
 White perch	PCBs	Up to 1 meal/month	Up to 3 meals/month	Up to 3 meals/month
 Largemouth bass	PCBs	Up to 1 meal/month	Up to 2 meals/month	Up to 2 meals/month
 Brown bullhead	PCBs	Up to 1 meal/month	Up to 1 meal/month	Up to 1 meal/month
 Channel catfish	PCBs	Up to 1 meal/month	Up to 1 meal/month	Up to 1 meal/month

Source: Department of Energy and Environment (DOEE)
(<https://doee.dc.gov/service/fishdc>)








MARYLAND FISH CONSUMPTION ADVISORY FOR POTOMAC RIVER

X= Fish where all dark meat and/or belly has been removed

FISH SPECIES	LOCALITY	WATERBODY	CONTAMINANTS	RECOMMENDED MEALS/MONTH		
				CHILDREN <6 yrs	WOMEN	GENERAL POPULATION
 American Eel	Charles Co. & Prince George's Co.	Potomac - 301 Bridge to DC Line	PCBs	1 every other month	1 every other month	1 every other month
 Black crappie	Montgomery Co.	Potomac River - DC Line to Dam #3	PCBs	2	2	2
 Blue Catfish	Charles Co.	Potomac - 301 Bridge to DC Line	PCBs	4 (12" - 15")	4 (12" - 15")	4 (12" - 15")
				1 (15" - 24")	2 (15" - 24")	2 (15" - 24")
				1 every other month (24" - 30")	1 (24" - 30")	1 (24" - 30")
				DO NOT EAT (>30")	DO NOT EAT (>30")	DO NOT EAT (>30")
		PCBs & X	1 (>30")	2 (>30")	2 (>30")	
		Potomac: Mouth to 301	PCBs	4 (12" - 15")	4 (12" - 15")	4 (12" - 15")
				1	2	2
				1 every other month (24" - 30")	1 (24" - 30")	1 (24" - 30")
	DO NOT EAT (>30")			DO NOT EAT (>30")	DO NOT EAT (>30")	
	Prince George's Co.	Potomac - 301 Bridge to DC Line	PCBs	1 (>30")	2 (>30")	2 (>30")
				4 (12" - 15")	4 (12" - 15")	4 (12" - 15")
				1 (15" - 24")	2 (15" - 24")	2 (15" - 24")
1 every other month (24" - 30")				1 (24" - 30")	1 (24" - 30")	
DO NOT EAT (>30")	DO NOT EAT (>30")	DO NOT EAT (>30")				
PCBs & X	1 (>30")	2 (>30")	2 (>30")			
 Channel Catfish	Charles Co. & Prince George's Co.	Potomac - 301 Bridge to DC Line	PCBs	DO NOT EAT (<18")	1 every other month (<18")	1 every other month (<18")
	DO NOT EAT (>18")	DO NOT EAT (>18")	DO NOT EAT (>18")			
Montgomery Co.	Potomac: Dam #3 to Dam #4	Mercury	2	4	5	

Note: All Fish Advisories focus on the Potomac River. Further information from other water bodies can be found on the Maryland Department of Environment website.

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FISH SPECIES	LOCALITY	WATERBODY	CONTAMINANTS	RECOMMENDED MEALS/MONTH		
				CHILDREN <6 yrs	WOMEN	GENERAL POPULATION
 Common Carp	Charles Co. & Prince George's Co.	Potomac - 301 Bridge to DC Line	PCBs	DO NOT EAT	DO NOT EAT	DO NOT EAT
 Large & Smallmouth bass	Charles Co. & Prince George's Co.	Potomac River - 301 Bridge to DC Line	PCBs	5	6	6
		Tidal headwaters of Piscataway Creek	PFAS/PFOS	2	3	3
	Montgomery Co.	Potomac River -DC line to Dam #3	Mercury	1 every other month	2	2
 Northern Snakehead	Charles Co. & Prince George's Co.	Potomac - 301 Bridge to DC Line	PCBs	3	3	3
 Spot	Charles Co.	Potomac: Mouth to 301	PCBs	4	5	5
 Sunfish (including Bluegill)	Charles Co. & Prince George's Co.	Potomac - 301 Bridge to DC Line	PCBs	2	2	2
		Non-Tidal Piscataway Creek	PFAS/PFOS	1	1	1
	Montgomery Co.	Potomac River -DC line to Dam #3	PCBs	8	No limit	No limit
 White Catfish	Charles Co. & Prince George's Co.	Potomac - 301 Bridge to DC Line	PCBs	DO NOT EAT	DO NOT EAT	DO NOT EAT
 White Perch	Charles Co. & Prince George's Co.	Potomac - 301 Bridge to DC Line	PCBs	3	3	3
	Charles Co.	Potomac: Mouth to 301	PCBs	6	6	6

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